



Big Leap International

Succeeding Exponentially



.....they will soar high on wings like eagles



The Eagle Programme

Achieve your Goals. Live your Dreams!

Table of Contents

Welcome Note	3
About The Eagle Programme	4
Who Should Enroll	5
Programme Modules	6
About the Lead Facilitators	7
Registration form	9
Registration Details	10



...To transform people to achieve greater personal success and live fuller lives.

Welcome Note

Big Leap International is a personal development company that offers personal and workplace development solutions. Our personal development solutions are designed to transform people to achieve greater personal success and live fuller lives. Our aim is to help you discover your purpose and unleash your potential to live a life of your dreams.

Our corporate solutions are structured in three core areas: Employee Motivation, Performance Improvement and Leadership Development.

On personal development, our dream is to see you rise above your challenges, overcome disempowering beliefs, scarcity mindsets, complacency, and a lead successful and happy life.

Through Big Leap International, we desire to nurture a generation of people who are goal-oriented, have a purpose and a burning desire and commitment to achieve success in all fronts. We welcome you to be part of this journey through THE EAGLE PROGRAMME.

Welcome

ABOUT THE EAGLE PROGRAMME

THE EAGLE PROGRAMME is an eight (8) week personal success development programme that is fashioned to help you define your purpose, develop a plan towards your goals and implement it effectively with greater success.

The programme aims at helping you take total control of your life, discover your purpose, define your goals and acquire new freedom to create new possibilities towards your greatness.

This programme is informed by research on success, human motivation, psychology of achievement and real case

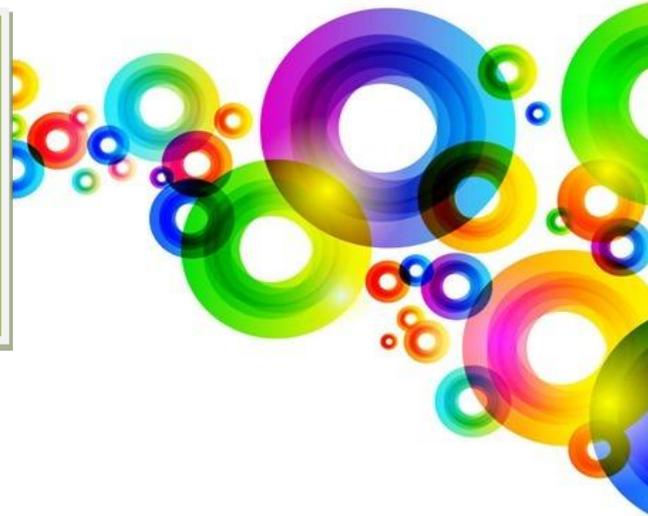
studies and then blended with personal experiences of facilitators. It is then broken down into practical goal-oriented and actionable steps to make it real for you.

It is inspired by teachings from Isaiah 40:31 - But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.



We all have possibilities we don't know about. We can do things we don't even dream we can do."

~Dale Carnegie~



Many of us want to succeed exponentially in all areas of our lives. But the truth is that despite the so many attempts in this journey, we remain far from reaching our dreams. Without knowing, we settle for less and all we want is to be okay or get by. Day by day we lower our standards and we become mediocre people. Rather than working towards financial freedom, we settle to paying bills and making a living, rather than being in excellent shape and health, we settle for not being sick, our relationships become constrained, we remain unhappy in our jobs and basically lack in peace of mind. Some of us engage in self-destructing habits as we search for answers to our life's puzzle. BUT deep down we know that we are made for more, we know that we have not exploited our full potential and that we can achieve greater success. The BIG DILEMMA is HOW?

THE EAGLE PROGRAMME is an eight-module training and coaching programme (2.5 Hours every Monday 6.00pm to 8.30pm). It is designed to help you engage in a deeper -

conversation with yourself as you discover answers that lie deep within yourself and unleash your desire to succeed in all ways. Our aim is to help you:

1. Get out of your stuck spaces;
2. Discover your purpose;
3. Define your goals;
4. Develop an action plan towards exponential success.
5. Accelerate your success journey

Who Should Enroll?

This programme is designed for people (aged 25 to 50 years) who want to achieve exponential success in all areas of their lives and attract greater joy and happiness as they do that. It will help you move from where you are to where to want to be. It will give you a new lifeline and a reason to live as it spurs you to start a new journey to higher grounds of personal greatness. It will impact on every area of your life and ignite a fire for wholesome success. It will help you soar high like an eagle and experience God's goodness in a new way. This programme is designed for YOU!



PROGRAMME MODULES

1. Introduction to the Eagle programme
 - a. Personal Success Audit
 - b. Where do you want to go?
 - c. Identifying your quick wins
 - d. What is stopping you?
 - e. What do you have to take you to the next level?
2. Redefining the rules for your success game
 - a. Taking responsibility
 - b. Breaking free(past, fear, beliefs)
 - c. New possibilities and new choices
 - d. Language of winners
 - e. New control, freedom, power, actions and results
3. Your new Mission-Driven Life
 - a. Defining your life purpose
 - b. Creating a personal vision
 - c. Creating a personal mission
 - d. Clarifying your values
 - e. Your BHAG
4. Shaping your destiny - Success Goals Part 1
 - a. Wealth Goals
 - b. Health Goals
 - c. Career Goals
5. Shaping your destiny - Success Goals Part 2
 - a. Family Goals
 - b. Relationships Goals
 - c. Personal Growth Goals
6. Realizing your destiny
 - a. Developing your Personal Strategic Plan
 - b. Success Performance Matrix
 - c. Support tools
7. Overcoming Success obstacles
 - a. Past Conditioning
 - b. Disempowering mindset
 - c. Procrastination
 - d. Lack of focus
 - e. Waning willpower
 - f. Your bad habits
8. Programme Wrap
 - a. Sharing success stories
 - b. Enacting the greater you
 - c. Graduation



“ Abundance is giving an arm of strength to motivate, encourage and strengthen others. Scarcity is withholding support to others

~Eric Kimani~

ERIC KIMANI

Eric Kimani is a renowned business leader, entrepreneur and philanthropist with extensive experience in the management and leadership. Eric is a law graduate of the University of London (LLB) a qualified advocate of the high court of Kenya and a fellow of the Institute of Certified Public Accountants. He has had a successful career rising through the ranks to become a CEO.

Eric is a successful entrepreneur with business interests in milk processing, education and real estate. He sits on numerous boards both locally and internationally. He is the Founder of Palmhouse Foundation, an education trust that finances the secondary education of deserving and needy students through high school. For his community work he was honored by H. E. The President of Kenya with the Order or the Moran of the Burning Spear (MBS).

Eric is a sought-after speaker and facilitator on topical issues such as “The Abundant Life’ and “The Mission Driven Life”.

Eric is very widely traveled, is married to Margaret and is a father to three grown children.

MUKAMI CHEGE



Mukami 'Khami' Chege is a trained teacher, professional trainer, communications expert, writer, and a career manager. She has vast experience in communications, business strategy, organizational development, management and leadership.

She has great passion for personal and organizational excellence, empowering young people for leadership and making a positive contribution to society. She is an inspiring motivational speaker, mentor and a coach.

She is a member of Public Relations Society of Kenya, Professional Trainers Association of Kenya and a full member of the Kenya Institute of Management.

Mukami holds a Bachelor's Degree in Education, Masters in Communication Studies, and is currently finalizing her MBA at the University of Nairobi. She started her career as Radio Presenter and has worked with various organizations rising to the level of an Executive Director.

Mukami is a single mother of two children - Bridgitte and Bryan

“ For a long time I had put off my life purpose, I had gathered all the reasons for not starting on the path towards my dreams. Then I realized that the right time to take control of my life and start on a path to my destiny is now. It dawned on me that great things are reserved for those who start the journey despite their fears and misgivings.

~Mukami Chege~

REGISTRATION DETAILS

Email scanned registration form to:

info@bigleapinternational.co.ke

Registration deadline

Registration deadline for October 2014 season is Tuesday, September 30, 2014

Programme Fees

Your investment for the programme is KES. 34,000. Married couples will enjoy a discounted price of KES. 60,000

What Next?

- ✘ On receipt of your application, an acknowledgement e-mail will be sent to you.
- ✘ On receipt of your program fee your class slot will be confirmed.
- ✘ A welcome note complete with details of venue map, contact person and detailed instructions shall be communicated shortly thereafter.

Class schedule

Classes run once a week (to begin with) for eight (8) weeks every Monday starting October 6, 2014. Each class is 2.5 Hours from 6.00pm to 8.30pm. Refreshments will be provided.

Payment Instructions

Programme fees can be paid in full or in two installments. The first installment should be paid before class starts. All cheques or bank transfers are payable to:

Account Name: Big Leap International Limited
Bank: Rafiki DTM
Branch: Westlands
Account No: 0142020000318
Mpesa Pay Bill No: 802200

Training venue

Apollo Centre, Westlands Chyulu Hills Auditorium 5th floor

For more information, talk to us

P.O. Box 18317- 00100 Nairobi 0739195824, 0706526595
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Big Leap International

Succeeding Exponentially

To soar high like
an eagle, to experience life to
its fullest, to impact on humanity
and to experience the joy that
comes with great service

is my life calling.

~Mukami Chege~